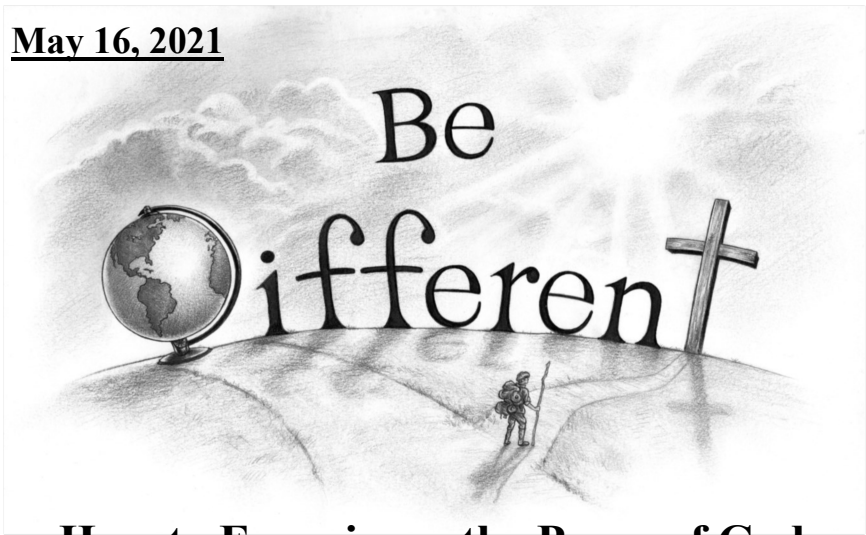


May 16, 2021



**How to Experience the Peace of God**

Philippians 4:4-9

1) **Worship God alone.**

Idolatry steals our peace because we expect our idol to provide something it does not possess

2) **Build a habit of prayer.**

Prayer connects us with the source of peace.

3) **Dwell on what is good.**

What are the headlines of your life that need to change?

4) **Practice the faith and leave the outcome to God.**

If we don't practice what God teaches, we will not experience the peace God gives.

# Memory Verse for 2021

“that I may know him and the power of his resurrection, and may share his sufferings, becoming like him in his death, that by any means possible I may attain the resurrection from the dead. Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own. Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus.”

**Philippians 3:11–14**

## Scripture to Pray

**Psalm 42:9-11**

*"I say to God, my rock: "Why have you forgotten me? Why do I go mourning because of the oppression of the enemy?" As with a deadly wound in my bones, my adversaries taunt me, while they say to me all the day long, "Where is your God?" Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God."*

## From the Resources

“But the all-important thing to remember here is that we are called to pray as the great means to a divine unanxious peace; and that we are called to pray in the sense of "making our requests known in everything." Shall we, in the grace of God, set ourselves to do it?”

Moule, H. C. G. *Philippian Studies Lessons in Faith and Love from St. Paul's Epistle to the Philippians*