

August 7, 2022



# SET APART

## Christian Character: Peace and Patience

### Jonah 4

#### How to cultivate patience:

- Put off arrogance, condemnation, and our plans.
- Put on humility, forgiveness, and trust.

#### How to cultivate peace:

- Put off anger, resentment, and control.
- Put on mercy, thankfulness, and submission.

Philippians 4:8–9 ... *"Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you."*

## Live the Word

- 1) Choose one spiritual fruit you will cultivate over the next month? (Love, Joy, Peace, Patience, Kindness, Goodness, faithfulness, gentleness, self-control)

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- 2) What two people will you enlist to pray for you?

A) \_\_\_\_\_ B) \_\_\_\_\_

- 3) What three Biblical stories exemplify the fruit of the Spirit you are cultivating?

A) \_\_\_\_\_

B) \_\_\_\_\_

C) \_\_\_\_\_

- 4) Write out the area of your will you are struggling with against God. Struggle to surrender it to Him.

- 5) Write out a prayer to repeat over the next month to ask God to give you growth.

### **Four tools God gives us for change:**

Pray - James 5:16

Repent - 1 Corinthians 7:10

Affirm God's truth - Psalm 119:11

Yield to God's will - Romans 7:22-23

### **Scripture to Pray**

*"I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world."*

**John 16:33**