



PRAYER: AN ACT OF WORSHIP **MATTHEW 6:9-13, ROMANS 12:1**

Effective prayer begins with worship above our wants.

Romans 12:1 ... *"I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship."*

What does it look like when prayer is an act of worship?

1) We exalt God above ourselves.

Luke 1:46 ... *"And Mary said, "My soul magnifies the Lord,"*

2) We submit to His will.

3) We present our requests with faith.

Questions For Lunch

- 1) In what ways is prayer an act of worship?
- 2) Do my prayers focus on what I can get from God or giving myself to God?
- 3) How do we know we can trust God's will for our lives?

Action Step

Take a few minutes at the beginning of each day this week to offer your day to God. Consider the tasks you have to accomplish, the struggles you will face, and the people you will be with. Seek to do God's will and entrust your day to Him.

Memory Verse for August- September

"Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on his law he meditates day and night. He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers."

Psalms 1:1-3

From the Resources

"Believers must pray if we want a strong relationship with God, and we must have a healthy connection to Him if we expect our prayers to be effective. The enemy hits us at both levels. He leads us away from prayer so that our ties to God are weakened. And he strikes at our walk with God so that our prayer life is ineffective.

- Chuck Lawless
Disciplined Warriors
(pg. 152-153)