

THE GOSPEL OF  
**MATTHEW**

**Date:** January 14, 2024

**Key Scripture:** Matthew 4:1-11

## **What to do When we are Tempted**

### **Part 1**

**When our view of temptation is vague, our effort to resist will be weak.**

1 Peter 5:8–9 ... *"Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world."*

- 1) In what specific areas am I most vulnerable to temptation?

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- 2) What specific steps am I taking to prepare for these temptations?

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**The Timing of Temptation:** Temptation can come at any time and in any place, but it often comes when God begins a new work or when we are weary.

- 1) What times am I more likely to give in to temptation?

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- 2) How do I prepare to resist temptation at these times?

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## **The Nature of Temptation:**

### **Three Sources of Temptation:**

- 1) Our selves. (James 1:14)
- 2) The world. (1 John 2:15-16)
- 3) The devil. (Matthew 4:1-2)  
(This also includes other demonic spiritual forces.)

## **From the Resources**

*\*When John Bunyan was facing imprisonment for preaching the Gospel. From "Grace Abounding to the Chief of Sinners" by John Bunyan*

"But notwithstanding these helps, I found myself a man and compassed with infirmities; the parting with my wife and poor children, hath often been to me in this place, as the pulling the flesh from the bones, and that not only because I am somewhat too fond of these great mercies, but also because I should have often brought to my mind the many hardships, miseries, and wants that my poor family was like to meet with, should I be taken from them, especially my poor blind child, who lay nearer my heart than all besides: Oh! the thoughts of the hardship I thought my poor blind one might go under, would break my heart to pieces ...

But that which helped me in this temptation, was divers considerations, of which, three in special here I will name, the first was the consideration of these two scriptures, Leave thy fatherless children, I will preserve them alive, and let thy widows trust in me: and again, The Lord said, Verily it shall be well with thy remnant, verily, I will cause the enemy to entreat thee well in the time of evil, and in time of affliction. Jer. xlix. 11; xv. 11.