

# Psalm 90

## THE ETERNITY OF GOD AND OUR LIFE

JULY 21, 2024

- God is eternal, He holds life in His hands, our lives are only secure and meaningful when we  dwell with Him.

John 14:23 ... *"Jesus answered him, "If anyone loves me, he will keep my word, and my Father will love him, and we will come to him and make our home with him."*

- Numbering Our days mean's to live each day faithful to God.

Ecclesiastes 12:13–14 ... *"The end of the matter; all has been heard. Fear God and keep his commandments, for this is the whole duty of man. For God will bring every deed into judgment, with every secret thing, whether good or evil."*

- Only the work of the eternal God is everlasting.

Psalm 127:1 ... *"Unless the Lord builds the house, those who build it labor in vain. Unless the Lord watches over the city, the watchman stays awake in vain."*

## Praying The Psalms

From: *The Battle Plan for Prayer*  
- Stephen and Alex Kendrick

“What should guide your praying? ... Perhaps the first and most comprehensive guide of all is to pray to God using the very words He’s already spoken in His word. ... The Word can guide your prayers of *adoration*: ‘Yours, O Lord is the greatness and the power and the glory and the victory and the majesty ...’ (1 Chron. 29:11).

Your prayers of *confession*: ‘Create in me a clean hear, O God, and renew a steadfast spirit within me ...’ (Ps. 51:10).

Your prayers of *thanksgiving*: ‘Give thanks to the Lord, for He is good; for his loving-kindness is everlasting ...’ (Ps. 118:1).

Your prayers of supplication: ‘O Lord God of hosts, hear my prayer ... No good thing does He withhold from those who walk uprightly’ (Ps. 84:8, 11).

The Psalms, as you can tell, are a great place to start and a rich treasury of prayers and praises. But expect the Lord to illuminate His thoughts toward you from one end of the Bible to the other. Instead of just viewing it as reading material, open your heart to receive it also as prayer material. Your copy of the Bible is not only your *companion* when you enter your prayer closet; it’s also your inspiration, your source, your reliable storehouse and gold mine of trustworthy promises. When you don’t know what to say, let the Bible lead your praying for you.